



# HARMONY DC PUBLIC CHARTER SCHOOL

## HEALTH AND SAFETY PLAN

2022-2023 SCHOOL YEAR

### PREVENTION OF COVID-19

Everyday prevention measures will be kept in place during all COVID-19 Community Levels<sup>1</sup> (including Low), and enhanced prevention measures will be implemented during Medium or High COVID-19 Community Levels OR in response to facility and student-specific needs (e.g. during a facility outbreak or to maintain a safe in-person learning environment for disabled or immunocompromised students).

- Everyday prevention measures (regardless of COVID-19 Community Level):
  - COVID-19 vaccination: Required for staff and long-term contractors. Booster shots are highly recommended. Eligible students are strongly encouraged to become vaccinated for COVID-19.
  - Masks/respirators: Required indoors, optional outdoors
  - Staying home when sick
  - COVID-19 diagnostic testing: Test to Return to school after a holiday.
  - Isolation (for symptomatic or COVID-19 positive people)
  - Quarantine (for people exposed to COVID-19)
  - Hand hygiene and respiratory etiquette
  - Improved indoor ventilation and air quality
  - Increased cleaning and disinfection
  
- Enhanced prevention measures:
  - For Medium or High COVID-19 Community Levels (or facility-specific-needs)
    - COVID-19 screening testing
  - For High COVID-19 Community Levels (or facility-specific needs)
    - Avoiding crowding in the facility
    - Prioritizing outdoor activities
    - Cohorting

### ADDITIONAL FACILITY RESPONSIBILITIES

- Contact identification and communication
  - When a case of COVID-19 is identified at the school, contact identification will be carried out by facility administration to identify and dismiss potential close contacts.
  - School will notify individuals who may have been exposed to COVID-19 at the facility via phone calls and emails.

- Contact identification will focus on COVID-19 cases who started having symptoms or tested positive for COVID-19 in the last 5 days. Contact notification will focus on those who were exposed in the last 5 days.
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- Harmony DC will share the following with potentially exposed staff and parents/guardians of potentially exposed students:
  - Education about COVID-19, including the signs and symptoms of COVID-19
  - Referral to Guidance for Close Contacts of a Person Confirmed to have COVID-19: Quarantine and Testing, available at [coronavirus.dc.gov/healthguidance](https://coronavirus.dc.gov/healthguidance)
  - Information on options for COVID-19 testing in the District of Columbia, available at [coronavirus.dc.gov/testing](https://coronavirus.dc.gov/testing).
- The privacy of the staff or student must be maintained.

### COVID Case Reporting:

Harmony DC will notify DC Health if we have 25 or more confirmed COVID-19 cases tied to a single event that occurred at or was hosted/sponsored by the facility.

### Return to School Matrix

Criteria below represent the best-practice recommendations for the return to school. Additional information is available from the [Centers for Disease Control and Prevention](https://www.cdc.gov) (CDC).

- Criteria labeled **Up to Date on COVID-19 Vaccination** apply to individuals age 6 months and older who have received all [recommended vaccine doses](#), including booster doses as applicable.
- Criteria labeled **Had COVID-19 and Recovered in the Last 90 Days** apply to individuals, regardless of coronavirus (COVID-19) vaccination status, who have had confirmed COVID-19 and recovered in the last 90 days.
- Criteria labeled **Unvaccinated or Not Up to Date on COVID-19 Vaccination** apply to any other individuals.

Scenario	Criteria to Return
1. COVID-19 symptoms <sup>1</sup>	Up to Date on COVID-19 Vaccination, Had COVID-19 and Recovered in the Last 90 Days, OR Unvaccinated or Not Up to Date on COVID-19 Vaccination

*Recommend the individual seek healthcare guidance to determine if COVID- 19 testing is indicated.*

Option 1: The individual is tested:

- If positive, see Scenarios 2A and 2B.
- If negative, see Scenario 3.

Option 2: The individual is not tested:

- Submit documentation from a healthcare provider of an alternate diagnosis and meet standard criteria to return after illness (the individual school's existing policies and protocols for an individual to return after illness).

OR

- Meet COVID-19 symptom-based criteria to return:

- **Individual is younger than age 2 OR unable to wear a well-fitting mask:**

- At least 24 hours after the fever has resolved without the use of fever-reducing medication (e.g., acetaminophen, ibuprofen) and other symptoms have improved;

AND

- After at least 10 days (i.e., on day 11) from when symptoms first started, whichever is later.

- **Individual is age 2 or older AND able to wear a well-fitting mask through day 10:**

- At least 24 hours after the fever has resolved without the use of fever-reducing medication and other symptoms have improved;

AND

- After at least five days (i.e., on day 6) from when symptoms first started, whichever is later.

Scenario	Criteria to Return
<p>2A. Positive COVID-19 Test Result (Antigen or NAAT<sup>2</sup>) with Symptoms</p>	<p>Up to Date on COVID-19 Vaccination, Had COVID-19 and Recovered in the Last 90 Days, OR Unvaccinated or Not Up to Date on COVID-19 Vaccination</p> <p><b>Individual is younger than age 2 OR unable to wear a well-fitting mask:</b></p> <ul style="list-style-type: none"> <li>• After at least 10 days (i.e., on day 11) from when symptoms first appeared.</li> </ul> <p><b>Individual is age 2 or older AND able to wear a well-fitting face mask through day 10:</b></p> <ul style="list-style-type: none"> <li>• <u>If fever-free for at least 24 hours without the use of fever-reducing medication and other symptoms have improved:</u><sup>3</sup> After at least five days (i.e., on day 6) from when symptoms first started.</li> <li>• <u>If still have a fever and/or other symptoms have not improved at day 5:</u> <ul style="list-style-type: none"> <li>○ After being fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved.</li> <li>OR</li> <li>○ After at least 10 days (i.e., on day 11) from when symptoms first started.</li> </ul> </li> </ul> <p><b>If an individual has access to a test and wants to test, the best approach is to use an antigen test toward the end of the five-day isolation period.</b></p> <ul style="list-style-type: none"> <li>• The individual should test only if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved.<sup>3</sup></li> <li>• If the individual tests and the result is positive, they should continue to isolate through day 10 and return on day 11.</li> <li>• If the individual tests and the result is negative, they can end isolation but should continue to wear a well-fitting mask around others at home and in public through day 10.</li> </ul>
<p>2B. Positive COVID-19 Test Result (Antigen or NAAT) who were Moderately<sup>4</sup> or Very Sick<sup>5</sup> from COVID-19 OR Positive COVID-19 Test Result (Antigen or NAAT) and Individual has a Weakened Immune System</p>	<p>Up to Date on COVID-19 Vaccination, Had COVID-19 and Recovered in the Last 90 Days, OR Unvaccinated or Not Up to Date on COVID-19 Vaccination</p> <ul style="list-style-type: none"> <li>• After at least 10 days (i.e., on day 11) from when symptoms first started.</li> </ul> <p>Note: People who are very sick from COVID-19 and people who have weakened immune systems might need to isolate at home longer. They may also require testing with a viral test to determine when they can be around others. CDC recommends an isolation period of at least 10 and up to 20 days for people who were very sick from COVID-19 and for people with weakened immune systems. Individuals who fall into one of these categories should consult with their healthcare provider and follow their advice.</p>

<sup>2</sup> Please note: a PCR test is a type of NAAT (Nucleic Acid Amplification Test).

<sup>3</sup> Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

<sup>4</sup> “Moderately ill” means experiencing symptoms that affect the lungs like shortness of breath or difficulty breathing.

<sup>5</sup> “Very sick” means people who were hospitalized or required intensive care or ventilation support.



Scenario	Criteria to Return
<p>2C. Positive COVID-19 Test Result (Antigen or NAAT) <u>without Any Symptoms</u> (Asymptomatic Infection)</p>	<p>Up to Date on COVID-19 Vaccination, Had COVID-19 and Recovered in the Last 90 Days, OR Unvaccinated or Not Up to Date on COVID-19 Vaccination</p> <p><b>Individual is younger than age 2 OR unable to wear a well-fitting mask:</b></p> <ul style="list-style-type: none"> <li>• After at least 10 days (i.e., on day 11) from positive test.</li> </ul> <p><b>Individual is age 2 or older AND able to wear a well-fitting mask through day 10:</b></p> <ul style="list-style-type: none"> <li>• <u>If individual continues to have no symptoms:</u> <ul style="list-style-type: none"> <li>○ After at least five days (i.e., on day 6) from positive test.</li> </ul> </li> <li>• <u>If symptoms develop:</u> <ul style="list-style-type: none"> <li>○ Isolation restarts with day 0 as the day symptoms started. See Scenarios 2A and 2B for return criteria.</li> </ul> </li> </ul> <p><b>If an individual has access to a test and wants to test, the best approach is to use an antigen test toward the end of the five-day isolation period.</b></p> <ul style="list-style-type: none"> <li>• If the individual tests and the result is positive, they should continue to isolate through day 10 and return on day 11.</li> <li>• If the test result is positive, they can also choose to test daily and if the result is negative, they can end isolation but continue to wear a mask around others at home and in public through day 10.</li> </ul>
<p>3. Negative COVID-19 Test Result (Antigen or NAAT) After Symptoms of COVID-19</p>	<p>Up to Date on COVID-19 Vaccination, Had COVID-19 and Recovered in the Last 90 Days, OR Unvaccinated or Not Up to Date on COVID-19 Vaccination</p> <ul style="list-style-type: none"> <li>• <u>If negative NAAT:</u> When meet standard criteria to return after illness (the individual school's existing policies and protocols for an individual to return after illness).</li> <li>• <u>If negative antigen:</u> To improve results, antigen tests should be used twice over a three-day period with at least 24 hours and no more than 48 hours between tests.</li> </ul>

Scenario	Criteria to Return
4. Asymptomatic Close Contact of an Individual with Confirmed COVID-19	Up to Date on COVID-19 Vaccination or Had COVID-19 and Recovered in the Last 90 Days
	<p data-bbox="472 399 1578 468"><u>Individuals who are up to date on their COVID-19 vaccination</u> do not need to quarantine and may return immediately, but they should:</p> <ul data-bbox="532 472 1578 730" style="list-style-type: none"> <li data-bbox="532 472 1578 583">• Get a COVID-19 test (antigen or NAAT) at least five days after the date they were exposed. <ul data-bbox="630 552 1578 583" style="list-style-type: none"> <li data-bbox="630 552 1578 583">○ If the test is positive, see Scenarios 2A, 2B or 2C.</li> </ul> </li> <li data-bbox="532 588 1578 657">• Monitor themselves for COVID-19 symptoms for a full 10 days after exposure. They should isolate and test if symptoms develop.</li> <li data-bbox="532 661 1578 730">• Wear a well-fitting mask when around others at home and in public for 10 days after their exposure.</li> </ul> <p data-bbox="472 766 1578 835"><u>Individuals who have had COVID-19 and recovered in the last 90 days</u> do not need to quarantine and may return immediately, but they should:</p> <ul data-bbox="532 840 1578 982" style="list-style-type: none"> <li data-bbox="532 840 1578 909">• Monitor themselves for COVID-19 symptoms for a full 10 days after exposure. They should isolate and test if symptoms develop.</li> <li data-bbox="532 913 1578 982">• Wear a well-fitting mask when around others at home and in public for 10 days after their exposure.</li> </ul>
	Unvaccinated or Not Up to Date on COVID-19 Vaccination
	<p data-bbox="472 1060 1578 1092"><b>Individual is younger than age 2 OR unable to wear a well-fitting mask:</b></p> <ul data-bbox="532 1096 1578 1287" style="list-style-type: none"> <li data-bbox="532 1096 1578 1165">• <u>If able to isolate from COVID-19-positive individual:</u> After a minimum of 10 days (i.e., on day 11) from last exposure to COVID-19 positive individual.</li> <li data-bbox="532 1169 1578 1287">• <u>If unable to isolate from COVID-19-positive individual:</u> After a minimum of 10 days from the end of the COVID-19-positive individual's isolation period (see Scenarios 2A, 2B and 2C).</li> </ul> <p data-bbox="472 1312 1578 1344"><b>Individual is age 2 or older and able to wear a well-fitting mask through day 10:</b></p> <ul data-bbox="532 1348 1578 1957" style="list-style-type: none"> <li data-bbox="532 1348 1578 1459">• <u>If able to isolate from COVID-19-positive individual:</u> <ul data-bbox="630 1386 1578 1459" style="list-style-type: none"> <li data-bbox="630 1386 1578 1459">○ Test to stay protocol will be followed if exposure is at school. See Test to stay protocol below for details.</li> </ul> </li> <li data-bbox="630 1470 673 1501">OR</li> <li data-bbox="630 1512 1578 1654">○ After a minimum of five days (i.e., on day 6) from last exposure to the COVID-19-positive individual IF no symptoms and tested for COVID-19 at least five days after the last close contact AND receive a negative test result (antigen or NAAT).</li> <li data-bbox="630 1665 673 1696">OR</li> <li data-bbox="630 1707 1578 1801">○ If unable to get a test, after a minimum of five days (i.e., on day 6) from last exposure to COVID-19-positive individual IF no symptoms throughout the five-day quarantine period.</li> <li data-bbox="532 1812 1578 1957">• <u>If unable to isolate from COVID-19-positive individual:</u> <ul data-bbox="630 1850 1578 1957" style="list-style-type: none"> <li data-bbox="630 1850 1578 1957">○ After a minimum of five days (i.e., on day 6) from the end of the COVID-19-positive individual's isolation period (see Scenarios 2A, 2B and 2C) if tested for COVID-19 at least five days after the end of the COVID-19-positive</li> </ul> </li> </ul>

individual's isolation period AND receive a negative test result (antigen or NAAT).

OR

- If unable to get a test, after a minimum of five days from the end of the COVID-19-positive individual's isolation period (see Scenarios 2A, 2B and 2C) IF no symptoms throughout the five-day quarantine period.

## **Test to Stay Policy for Harmony DC PCS**

### **Overview**

Per [DC Health](#) and the [Centers for Disease Control and Prevention](#), students or staff identified as close contacts who would otherwise be required to quarantine may continue to attend in-person school and/or participate in before or after care programs by participating in a Test to Stay program (TTS).

- The exposure must be determined to have occurred at school (e.g., the exposure cannot be a household or community exposure).
- The close contact must not have any symptoms of coronavirus (COVID-19) infection.
- The individual continues to test negative during the TTS period.

Individuals who are up to date on COVID-19 vaccinations or who have had COVID-19 in the previous 90 days are not required to quarantine and therefore do not need to participate in TTS, even if they are identified as a close contact.

### **Testing Frequency**

Harmony DC PCS will require students and staff participating in TTS to undergo COVID-19 testing 2 times during the seven-day period after their last exposure: upon notification of their being identified as a close contact and again five to seven days after exposure. Harmony DC PCS will be using a rapid or PCR testing for TTS.

### **Testing Location and Times**

Harmony DC PCS will perform testing for TTS in nurse's suite. This location will provide sufficient privacy and adequate space for students to wait for test results.

Students participating in TTS will arrive at 8:00 am and proceed directly to nurse's suite. Students may not leave this area until a negative result is confirmed.



## **Testing Reporting**

Harmony DC PCS will report all results from tests administered and read at school (positive and negative) through the rapid test reporting portal at [coronavirus.dc.gov/page/rapid-test-result-submission-portal](https://coronavirus.dc.gov/page/rapid-test-result-submission-portal). Positive results will also be reported through the LEA's standard reporting process for positive cases.

If tests are administered at home, parents must report test results through the [coronavirus.dc.gov/page/rapid-test-result-submission-portal](https://coronavirus.dc.gov/page/rapid-test-result-submission-portal) and report any positive results to the school.

## **Other Requirements**

Students and staff participating in TTS must:

- Wear a well-fitting mask while in school.
- Stay separated from other individuals during periods where their mask would need to be removed (e.g., when eating, drinking, and napping), if possible.
  - [LEA Name] will cohort individuals participating in TTS to the extent practicable.
- Stay home and isolate if they develop symptoms of COVID-19 infection or receive a positive test result.
- Not participate in (during their TTS period):
  - Any higher risk classes or activities during the school day (higher risk activities are those with increased risk for COVID-19 transmission due to greater potential for forceful exhalation during participation. For example: gym class, recess, choir, orchestra, band, theatre, dance.)
  - Any extracurricular activities.
- The close contact must quarantine at home whenever they are not at school until seven days have passed since their last close contact exposure date.
- If a student tests positive during the TTS period, school nurse will escort the student to the isolation room(s) and parents will be contacted for immediate pick up.
- Harmony DC PCS will ensure that:
  - The program is offered in an equitable manner among students and across schools.
  - The program adheres to all applicable laws, including CLIA, as applicable.
  - The program complies with all relevant privacy and confidentiality laws, regulations, and policies.
  - All staff identified to work on the testing program will be trained on administering tests and ensuring a high-quality testing program.