



GENUINE

Cold Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Assorted Yogurt Cup Granola (1/4 cup) Fresh Fruit Skim or 1% Milk	2 Whole Grain Bagel Cream Cheese Fresh Fruit Skim or 1% Milk
5 Breakfast Cereal Grahams Fresh Fruit Skim or 1% Milk	6 Assorted Yogurt Cup Granola (1/4 cup) Fresh Fruit Skim or 1% Milk	7 Whole Grain Graham Crackers String Cheese Fresh Fruit Skim or 1% Milk	8 Muffin Town String Cheese Fresh Fruit Skim or 1% Milk	9 Breakfast Cereal Assorted Yogurt Cup Fresh Fruit Skim or 1% Milk
12 Whole Grain Bagel Cream Cheese Fresh Fruit Skim or 1% Milk	13 Breakfast Cereal Grahams Fresh Fruit Skim or 1% Milk	14 Assorted Yogurt Cup Granola (1/4 cup) Fresh Fruit Skim or 1% Milk	15 Homemade Banana Bread (2WG) Fresh Fruit Skim or 1% Milk	16 Whole Grain Graham Crackers String Cheese Fresh Fruit Skim or 1% Milk
19 Breakfast Cereal Assorted Yogurt Cup Fresh Fruit Skim or 1% Milk	20 Whole Grain Bagel Cream Cheese Fresh Fruit Skim or 1% Milk	21 Breakfast Cereal Grahams Fresh Fruit Skim or 1% Milk	22 Assorted Yogurt Cup Granola (1/4 cup) Fresh Fruit Skim or 1% Milk	23 Whole Grain Graham Crackers String Cheese Fresh Fruit Skim or 1% Milk
26 Breakfast Cereal Grahams Fresh Fruit Skim or 1% Milk	27 Assorted Yogurt Cup Granola (1/4 cup) Fresh Fruit Skim or 1% Milk	28 Whole Grain Bagel Cream Cheese Fresh Fruit Skim or 1% Milk	29 Muffin Town String Cheese Fresh Fruit Skim or 1% Milk	30 Breakfast Cereal Assorted Yogurt Cup Fresh Fruit Skim or 1% Milk



Hot Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Burrito Salsa Fresh Fruit Skim or 1% Milk	2 French Toast Sticks (4) Syrup Fresh Fruit Skim or 1% Milk
5 Breakfast Pizza Fresh Fruit Skim or 1% Milk	6 Egg & Cheese Breakfast Sandwich Fresh Fruit Skim or 1% Milk	7 Whole Grain Pancakes (2) Syrup Fresh Fruit Skim or 1% Milk	8 Muffin Town String Cheese Fresh Fruit Skim or 1% Milk	9 Whole Grain Waffles (2) Syrup Fresh Fruit Skim or 1% Milk
12 Sausage Breakfast Sandwich Fresh Fruit Skim or 1% Milk	13 Breakfast Pizza Fresh Fruit Skim or 1% Milk	14 French Toast Sticks (4) Syrup Fresh Fruit Skim or 1% Milk	15 Homemade Banana Bread (2WG) Fresh Fruit Skim or 1% Milk	16 Whole Grain Pancakes (2) Syrup Fresh Fruit Skim or 1% Milk
19 Egg & Cheese Breakfast Sandwich Fresh Fruit Skim or 1% Milk	20 Whole Grain Waffles (2) Syrup Fresh Fruit Skim or 1% Milk	21 Sausage Breakfast Sandwich Fresh Fruit Skim or 1% Milk	22 Breakfast Burrito Salsa Fresh Fruit Skim or 1% Milk	23 French Toast Sticks (4) Syrup Fresh Fruit Skim or 1% Milk
26 Breakfast Pizza Fresh Fruit Skim or 1% Milk	27 Egg & Cheese Breakfast Sandwich Fresh Fruit Skim or 1% Milk	28 Whole Grain Pancakes (2) Syrup Fresh Fruit Skim or 1% Milk	29 Muffin Town String Cheese Fresh Fruit Skim or 1% Milk	30 Whole Grain Waffles (2) Syrup Fresh Fruit Skim or 1% Milk



GENUINE

K-8 Hot Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken & Waffles Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	2 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk
5 Chicken Patty Sandwich Green Beans Fresh Fruit Skim or 1% Milk	6 Chicken Nuggets Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	7 BBQ Meatballs Brown Rice Glazed Carrots Fresh Fruit Skim or 1% Milk	8 Teriyaki Chicken Sandwich Green Beans Sweet Potato Wedges Fresh Fruit Skim or 1% Milk	9 Cheesy Baked Ziti Seasoned Corn Fresh Fruit Skim or 1% Milk
12 Chicken Nuggets Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	13 Chicken Aioli Sandwich Green Beans Fresh Fruit Skim or 1% Milk	14 Southwest Turkey Rice Bowl Seasoned Black Beans Fresh Fruit Skim or 1% Milk	15 Chicken Broccoli Pasta Seasoned Carrots Fresh Fruit Skim or 1% Milk	16 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk
19 Hamburger on Whole Grain Bun Green Beans Fresh Fruit Skim or 1% Milk	20 Chicken Nuggets Sweet Potato Wedges Fresh Fruit Skim or 1% Milk	21 Teriyaki Meatballs Brown Rice Steamed Corn Fresh Fruit Skim or 1% Milk	22 BBQ Chicken Cornbread Glazed Carrots Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	23 Cheesy Baked Ziti Roasted Broccoli Fresh Fruit Skim or 1% Milk
26 Chicken Nuggets Sweet Potato Wedges Fresh Fruit Skim or 1% Milk	27 BBQ Chicken Sandwich Green Beans Fresh Fruit Skim or 1% Milk	28 Southwest Turkey Rice Bowl Seasoned Black Beans Fresh Fruit Skim or 1% Milk	29 Chicken Broccoli Pasta Glazed Carrots Fresh Fruit Skim or 1% Milk	30 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk



Vegetarian Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Veggie Chicken & Waffles Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	2 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk
5 Veggie Burger on Whole Grain Bun Green Beans Fresh Fruit Skim or 1% Milk	6 Veggie Chicken Nuggets Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	7 Veggie BBQ Meatballs Brown Rice Glazed Carrots Fresh Fruit Skim or 1% Milk	8 Teriyaki Chick'n Cornbread Green Beans Sweet Potato Wedges Fresh Fruit Skim or 1% Milk	9 Cheesy Baked Ziti Seasoned Corn Fresh Fruit Skim or 1% Milk
12 Veggie Chicken Nuggets Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	13 Chick'n Aioli Sandwich Green Beans Fresh Fruit Skim or 1% Milk	14 Southwest Chick'n Rice Bowl Seasoned Black Beans Fresh Fruit Skim or 1% Milk	15 Chick'n Broccoli Pasta Seasoned Carrots Fresh Fruit Skim or 1% Milk	16 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk
19 Veggie Burger on Whole Grain Bun Green Beans Fresh Fruit Skim or 1% Milk	20 Veggie Chicken Nuggets Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	21 Veggie Teriyaki Meatballs Brown Rice Steamed Corn Fresh Fruit Skim or 1% Milk	22 BBQ Chick'n Cornbread Glazed Carrots Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	23 Cheesy Baked Ziti Roasted Broccoli Fresh Fruit Skim or 1% Milk
26 Veggie Chicken Nuggets Sweet Potato Wedges Fresh Fruit Skim or 1% Milk	27 BBQ Chick'n Sandwich Green Beans Fresh Fruit Skim or 1% Milk	28 Southwest Chick'n Rice Bowl Seasoned Black Beans Fresh Fruit Skim or 1% Milk	29 Chick'n Broccoli Pasta Glazed Carrots Fresh Fruit Skim or 1% Milk	30 Cheese Pizza Steamed Corn Fresh Fruit Skim or 1% Milk



Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sunchips 100% Juice Box (6 oz)	2 String Cheese Apple
5 Whole Grain Cracker 100% Juice Box (6 oz)	6 Chex Mix Apple	7 Whole Grain Cracker Pears	8 Sunchips 100% Juice Box (6 oz)	9 String Cheese Apple
12 Whole Grain Cracker 100% Juice Box (6 oz)	13 Chex Mix Apple	14 Whole Grain Cracker Pears	15 Sunchips 100% Juice Box (6 oz)	16 String Cheese Apple
19 Whole Grain Cracker 100% Juice Box (6 oz)	20 Chex Mix Apple	21 Whole Grain Cracker Pears	22 Sunchips 100% Juice Box (6 oz)	23 String Cheese Apple
26 Whole Grain Cracker 100% Juice Box (6 oz)	27 Chex Mix Apple	28 Whole Grain Cracker Pears	29 Sunchips 100% Juice Box (6 oz)	30 String Cheese Apple