



GENUINE

October Hot Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>French Toast (3) w/ Syrup Fresh Fruit Skim or 1% Milk</p>	<p>3</p> <p>Breakfast Cereal Chocolate Oatmeal Bars Fresh Fruit Skim or 1% Milk</p>	<p>4</p> <p>Chicken Biscuit Sandwich w/ Jelly Fresh Fruit Skim or 1% Milk</p>	<p>5</p> <p>Whole Grain Bagel w/ Cream Cheese Fresh Fruit Skim or 1% Milk</p>	<p>6</p> <p>Chicken (2) and Whole Grain Waffles (1) Fresh Fruit Skim or 1% Milk</p>
<p>9</p> <p>Indigenous Day NO SCHOOL</p>	<p>10</p> <p>Vanilla Yogurt Nature Valley Cinnamon Crisp Fresh Fruit Skim or 1% Milk</p>	<p>11</p> <p>Egg and Cheese Biscuit Sandwich Fresh Fruit Skim or 1% Milk</p>	<p>12</p> <p>Homemade Apple Cinnamon Bread Fresh Fruit Skim or 1% Milk</p>	<p>13</p> <p>French Toast (2) Sausage Link (2) w/ Syrup Fresh Fruit Skim or 1% Milk</p>
<p>16</p> <p>Whole Grain Waffles (2) w/ syrup Fresh Fruit Skim or 1% Milk</p>	<p>17</p> <p>Breakfast Cereal w/ Whole Grain Grahams Fresh Fruit Skim or 1% Milk</p>	<p>18</p> <p>Chicken (2) And Whole Grain Waffles (1) Fresh Fruit Skim or 1% Milk</p>	<p>19</p> <p>Breakfast Cereal Corn Muffin Fresh Fruit Skim or 1% Milk</p>	<p>20</p> <p>Ham Egg and Cheese Bagel Fresh Fruit Skim or 1% Milk</p>
<p>23</p> <p>French Toast(3) w/ Syrup Fresh Fruit Skim or 1% Milk</p>	<p>24</p> <p>Strawberry Banana Yogurt Whole Grain Grahams Fresh Fruit Skim or 1% Milk</p>	<p>25</p> <p>Sausage and Egg Cheese Biscuit Sandwich w/ Jelly Fresh Fruit Skim or 1% Milk</p>	<p>26</p> <p>Homemade Banana Bread Fresh Fruit Skim or 1% Milk</p>	<p>27</p> <p>Pancakes(1) Sausage Links w/ Syrup Fresh Fruit Skim or 1% Milk</p>
<p>30</p> <p>Whole Grain Waffles (1) Sausage Patty w/Syrup Fresh Fruit Skim or 1% Milk</p>	<p>31</p> <p>Breakfast Cereal w/ Chocolate Oatmeal Bars Fresh Fruit Skim or 1% Milk</p>		<p>Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/)</p>	<p>Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups</p>



October Cold Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Strawberry Banana Yogurt Cup Whole Grain Grahams Fresh Fruit Skim or 1% Milk	3 Breakfast Cereal w/ Chocolate Oatmeal Bars Fresh Fruit Skim or 1% Milk	4 Corn Muffin Breakfast Chex Mix Fresh Fruit Skim or 1% Milk	5 Whole Grain Bagel w/ Cream Cheese Fresh Fruit Skim or 1% Milk	6 Breakfast Cereal w/ Apple Oatmeal Bars Fresh Fruit Skim or 1% Milk
9 Indigenous Day NO SCHOOL	10 Vanilla Yogurt Nature Valley Cinnamon Crisp Fresh Fruit Skim or 1% Milk	11 Breakfast Cereal w/ Strawberry Oatmeal Bars Fresh Fruit Skim or 1% Milk	12 Homemade Apple Cinnamon Bread Fresh Fruit Skim or 1% Milk	13 Breakfast Cereal w/ Apple Oatmeal Bars Fresh Fruit Skim or 1% Milk
16 Whole Grain Bagel w/ Cream Cheese Fresh Fruit Skim or 1% Milk	17 Breakfast Cereal w/ Whole Grain Grahams Fresh Fruit Skim or 1% Milk	18 Strawberry Yogurt Nature Valley Chocolate Chip Crisp Fresh Fruit Skim or 1% Milk	19 Breakfast Cereal w/ Corn Muffin Fresh Fruit Skim or 1% Milk	20 Banana Muffin Breakfast Chex Mix Fresh Fruit Skim or 1% Milk
23 Breakfast Cereal w/ Nature Valley Cinnamon Crisp Fresh Fruit Skim or 1% Milk	24 Strawberry Banana Yogurt Whole Grain Grahams Fresh Fruit Skim or 1% Milk	25 Breakfast Cereal Blueberry Oatmeal Bar Fresh Fruit Skim or 1% Milk	26 Homemade Banana Bread Fresh Fruit Skim or 1% Milk	27 Whole Grain Bagel w/ Cream Cheese Fresh Fruit Skim or 1% Milk
30 Strawberry Banana Yogurt Breakfast Chex Mix Fresh Fruit Skim or 1% Milk	31 Breakfast Cereal w/ Chocolate Oatmeal Bars Fresh Fruit Skim or 1% Milk		Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)	Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups

GENUINE

October Hot Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sweet and Sour Meatballs Roasted Potatoes Seasoned Green Beans Fresh Fruit Skim or 1% Milk	3 NOLA Sandwich Sweet Potato Fries Fresh Fruit Skim or 1% Milk	4 Chicken Alfredo Zesty Carrots Fresh Fruit Skim or 1% Milk	5 Roasted Chicken Mexican Rice Sweet Plantains Fresh Fruit Skim or 1% Milk	6 BBQ Chicken Mac and Cheese Savory Broccoli Fresh Fruit Skim or 1% Milk
9 Indigenous Day NO SCHOOL	10 Chicken Parmesan Sandwich Savory Broccoli Fresh Fruit Skim or 1% Milk	11 Queso Nacho Marinated Black Bean and Corn Blend Fresh Fruit Skim or 1% Milk	12 Beef Cheeseburger Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	13 Salisbury Steak Mashed Potato Zesty Peas & Carrots Fresh Fruit Skim or 1% Milk
16 Chicken and Waffles Sweet Potato Fries Fresh Fruit Skim or 1% Milk	17 Korean Beef Fried Rice Roasted Corn Fresh Fruit Skim or 1% Milk	18 Turkey Sausage Pizza Roasted Broccoli Fresh Fruit Skim or 1% Milk	19 Spaghetti and Meatballs Seasoned Green Beans Fresh Fruit Skim or 1% Milk	20 Cheeseburger Mac Collard Greens Fresh Fruit Skim or 1% Milk
23 Sloppy Joe Seasoned Green Beans Fresh Fruit Skim or 1% Milk	24 Sweet and Sour Chicken Fried Rice Zesty Carrots Fresh Fruit Skim or 1% Milk	25 Meatball Sub Savory Broccoli Fresh Fruit Skim or 1% Milk	26 Baked Ziti with Meat Sauce Peas and Carrot Blend Fresh Fruit Skim or 1% Milk	27 Beef Stroganoff Mashed Potatoes Roasted Corn Fresh Fruit Skim or 1% Milk
30 Chopped Cheese Steak Sweet Potato Fries Fresh Fruit Skim or 1% Milk	31 Jerk Chicken Herb Rice Marinated Black Beans Fresh Fruit Skim or 1% Milk		Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)	Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups



GENUINE

October Cold Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey & Cheese Roll Up Fresh Green Beans Fresh Fruit Skim or 1% Milk	3 Southern BBQ Chicken Sandwich Potato Salad Fresh Fruit Skim or 1% Milk	4 Curry Chicken Sandwich Fresh Green Beans Fresh Fruit Skim or 1% Milk	5 Crispy Chicken Ranch Wrap Fresh Carrot Sticks Fresh Fruit Skim or 1% Milk	6 Turkey & Cheese Sandwich Fresh Celery Sticks Fresh Fruit Skim or 1% Milk
9 Indigenous Day NO SCHOOL	10 Chicken Salad Sandwich Fresh Green Beans Fresh Fruit Skim or 1% Milk	11 Turkey Ham Roll Up Fresh Carrot Sticks Fresh Fruit Skim or 1% Milk	12 Cheesy Pasta Salad with Corn, Carrots, Black Beans Fresh Fruit Skim or 1% Milk	13 Chipotle Chicken Sandwich Fresh Broccoli Florets Fresh Fruit Skim or 1% Milk
16 Crispy Chicken Ranch Wrap Fresh Celery Sticks Fresh Fruit Skim or 1% Milk	17 Chicken Salad Sandwich Fresh Carrot Sticks Fresh Fruit Skim or 1% Milk	18 Turkey & Cheese Wrap Potato Salad Fresh Fruit Skim or 1% Milk	19 Curry Chicken Sandwich Fresh Broccoli Florets Fresh Fruit Skim or 1% Milk	20 Cheesy Pasta Salad with Corn, Carrots, Black Beans Fresh Fruit Skim or 1% Milk
23 Southern BBQ Chicken Sandwich Fresh Carrot Sticks Fresh Fruit Skim or 1% Milk	24 Turkey Ham Sandwich Fresh Celery Sticks Fresh Fruit Skim or 1% Milk	25 Crispy Chicken Ranch Wrap Potato Salad Fresh Fruit Skim or 1% Milk	26 Turkey & Cheese Roll Up Fresh Green Beans Fresh Fruit Skim or 1% Milk	27 Curry Chicken Wrap Fresh Carrot Sticks Fresh Fruit Skim or 1% Milk
30 Turkey & Cheese Sandwich Fresh Broccoli Florets Fresh Fruit Skim or 1% Milk	31 Chicken Salad Sandwich Fresh Broccoli Florets Fresh Fruit Skim or 1% Milk		Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)	Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups



GENUINE

October Vegetarian Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Sweet and Sour Veggie Meatballs</p> <p>Roasted Potatoes</p> <p>Seasoned Green Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>3</p> <p>NOLA Sandwich</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>4</p> <p>Chick'N Alfredo</p> <p>Zesty Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>5</p> <p>Roasted Chick'N</p> <p>Mexican Rice</p> <p>Sweet Plantains</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>6</p> <p>BBQ Chick'N</p> <p>Mac and Cheese</p> <p>Savory Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>9</p> <p>Indigenous Day</p> <p>NO SCHOOL</p>	<p>10</p> <p>Chick'N Parmesan Sandwich</p> <p>Fresh Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>11</p> <p>Veggie Queso Nacho</p> <p>Marinated Black Bean and Corn Blend</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>12</p> <p>Black Bean Burger on Bun</p> <p>Roasted Potato Wedges</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>13</p> <p>Salisbury Steak</p> <p>Mashed Potato</p> <p>Zesty Peas & Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>16</p> <p>Chick'N and Waffles</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>17</p> <p>Korean Beef</p> <p>Brown Rice</p> <p>Roasted Corn</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>18</p> <p>Cheese Pizza</p> <p>Roasted Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>19</p> <p>Spaghetti and Veggie Meatballs</p> <p>Seasoned Green Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>20</p> <p>Cheeseburger Mac</p> <p>Collard Greens</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>23</p> <p>Sloppy Joe</p> <p>Seasoned Green Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>24</p> <p>Sweet and Sour Chick'N</p> <p>Fried Rice</p> <p>Zesty Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>25</p> <p>Veggie Meatball Sub</p> <p>Savory Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>26</p> <p>Baked Ziti with Meat Sauce</p> <p>Peas and Carrot Blend</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>27</p> <p>Beef Stroganoff</p> <p>Mashed Potatoes</p> <p>Roasted Corn</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>30</p> <p>Chopped Cheese Steak</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>31</p> <p>Jerk Chick'N</p> <p>Herb Rice</p> <p>Marinated Black Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>		<p>Fruit Serving</p> <p>Apples (Whole/Sliced)</p> <p>Fruit & Apple Juice</p> <p>Orange Pineapple Juice</p> <p>Cranberry Apple Juice</p> <p>Pears</p> <p>Oranges (Whole/Sliced)</p>	<p>Fruit Serving</p> <p>Fruit Cocktail Cups</p> <p>Tropical Fruit Cocktail Cups</p> <p>Papaya Mango Cups</p> <p>Mandarins Fruit Cups</p>



GENUINE

October Supper Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Waffles Sweet Potato Fries Fresh Fruit Skim or 1% Milk	3 Korean Beef Brown Rice Roasted Corn Fresh Fruit Skim or 1% Milk	4 Cheeseburger Mac Collards Green Fresh Fruit Skim or 1% Milk	5 Spaghetti and Meatballs Seasoned Green Beans Fresh Fruit Skim or 1% Milk	6 Orange Chicken Fried Rice Savory Broccoli and Cauliflower Blend Fresh Fruit Skim or 1% Milk
9 Sloppy Joe Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	10 Meatball Sub Seasoned Green Beans Fresh Fruit Skim or 1% Milk	11 Sweet Sour Chicken Fried Rice Seasoned Black Beans Fresh Fruit Skim or 1% Milk	12 Baked Ziti w/ Meat Sauce Savory Broccoli Fresh Fruit Skim or 1% Milk	13 Chopped Cheese Steak Seasoned Carrots Fresh Fruit Skim or 1% Milk
16 Jerk Chicken Herb Rice Sweet Plantains Fresh Fruit Skim or 1% Milk	17 Chicken Parmesan Sandwich Roasted Broccoli Fresh Fruit Skim or 1% Milk	18 Queso Nacho Black Beans and Corn Fresh Fruit Skim or 1% Milk	19 Cheeseburger on Bun Seasoned Green Beans Fresh Fruit Skim or 1% Milk	20 Salisbury Steak Sweet Potato Mash Zesty Carrots Fresh Fruit Skim or 1% Milk
23 Sweet and Sour Meatballs Brown Rice Seasoned Red Beans Fresh Fruit Skim or 1% Milk	24 NOLA Sandwich Sweet Potato Fries Fresh Fruit Skim or 1% Milk	25 Chicken Alfredo Seasoned Carrots Fresh Fruit Skim or 1% Milk	26 Turkey Pizza Garlic Broccoli Fresh Fruit Skim or 1% Milk	27 BBQ Chicken Mac and Cheese Collard Greens Fresh Fruit Skim or 1% Milk
30 Roasted Chicken Mexican Rice Seasoned Black Beans Fresh Fruit Skim or 1% Milk	31 Chicken Waffles Sweet Potato Fries Fresh Fruit Skim or 1% Milk		Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)	Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups



October Allergen Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Sweet and Sour Chicken</p> <p>Roasted Potatoes</p> <p>Green Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>3</p> <p>NOLA Sandwich</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>4</p> <p>Turkey Ham</p> <p>Brown Rice</p> <p>Seasoned Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>5</p> <p>Roasted Chicken</p> <p>Mexican Rice</p> <p>Sweet Plantains</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>6</p> <p>BBQ Chicken</p> <p>Mac and Cheese</p> <p>Savory Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>9</p> <p>Indigenous Day</p> <p>NO SCHOOL</p>	<p>10</p> <p>Chicken Parmesan over Noodles</p> <p>Fresh Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>11</p> <p>Queso Nacho</p> <p>Marinated Black Bean and Corn Blend</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>12</p> <p>Cheeseburger on Bun</p> <p>Roasted Potato Wedges</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>13</p> <p>Salisbury Beef</p> <p>Mashed Potato</p> <p>Zesty Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>16</p> <p>Chicken Tenders</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>17</p> <p>Korean Beef</p> <p>Brown Rice</p> <p>Roasted Corn</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>18</p> <p>BBQ Chicken</p> <p>Brown Rice</p> <p>Seasoned Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>19</p> <p>Spaghetti with Meat Sauce</p> <p>Savory Broccoli and Cauliflower Blend</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>20</p> <p>Cheeseburger Mac</p> <p>Collard Greens</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>23</p> <p>Sloppy Joe</p> <p>Fresh Green Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>24</p> <p>Teriyaki Chicken</p> <p>Brown Rice</p> <p>Savory Broccoli</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>25</p> <p>Sweet and Sour Chicken</p> <p>Fried Rice</p> <p>Zesty Carrots</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>26</p> <p>Baked Ziti with Meat Sauce</p> <p>Peas and Carrot Blend</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>27</p> <p>Beef w/Gravy</p> <p>Mashed Potatoes</p> <p>Roasted Corn</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>
<p>30</p> <p>Chopped Cheese Steak</p> <p>Sweet Potato Fries</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>	<p>31</p> <p>Jerk Chicken</p> <p>Herb Rice</p> <p>Marinated Black Beans</p> <p>Fresh Fruit</p> <p>Skim or 1% Milk</p>		<p>Fruit Serving</p> <p>Apples (Whole/Sliced)</p> <p>Fruit & Apple Juice</p> <p>Orange Pineapple Juice</p> <p>Cranberry Apple Juice</p> <p>Pears</p> <p>Oranges (Whole/Sliced)</p>	<p>Fruit Serving</p> <p>Fruit Cocktail Cups</p> <p>Tropical Fruit Cocktail Cups</p> <p>Papaya Mango Cups</p> <p>Mandarins Fruit Cups</p>



G E N U I N E

October PreK Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Giant Cinnamon Goldfish Grahams 100% Juice 4oz	3 Goldfish Pretzels 100% Juice 4oz	4 String Cheese 100% Juice 4oz	5 Giant Vanilla Goldfish Grahams 100% Juice 4oz	6 Nature Valley Chocolate Crisp 100% Juice 4oz
9 French Toast Goldfish 100% Juice 4oz	10 Nature Valley Cinnamon Crisp 100% Juice 4oz	11 String Cheese 100% Juice 4oz	12 Goldfish Cheddar 100% Juice 4oz	13 Giant Cinnamon Goldfish Grahams 100% Juice 4oz
16 Goldfish Pretzels 100% Juice 4oz	17 String Cheese 100% Juice 4oz	18 Giant Vanilla Goldfish Grahams 100% Juice 4oz	19 Nature Valley Chocolate Crisp 100% Juice 4oz	20 Goldfish Cheddar 100% Juice 4oz
23 French Toast Goldfish 100% Juice 4oz	24 Nature Valley Cinnamon Crisp 100% Juice 4oz	25 String Cheese 100% Juice 4oz	26 Goldfish Pretzels 100% Juice 4oz	27 Giant Cinnamon Goldfish Grahams 100% Juice 4oz
30 Goldfish Cheddar 100% Juice 4oz	31 String Cheese 100% Juice 4oz		Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)	Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups



October Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Giant Cinnamon Goldfish Grahams 100% Juice 6oz</p>	<p>3</p> <p>Goldfish Pretzels Orange</p>	<p>4</p> <p>String Cheese Apple</p>	<p>5</p> <p>Giant Vanilla Goldfish Grahams 100% Juice 6oz</p>	<p>6</p> <p>Nature Valley Chocolate Crisp Pear</p>
<p>9</p> <p>French Toast Goldfish Orange</p>	<p>10</p> <p>Nature Valley Cinnamon Crisp 100% Juice 6oz</p>	<p>11</p> <p>String Cheese Apple</p>	<p>12</p> <p>Goldfish Cheddar Pear</p>	<p>13</p> <p>Giant Cinnamon Goldfish Grahams 100% Juice 6oz</p>
<p>16</p> <p>Goldfish Pretzels Orange</p>	<p>17</p> <p>String Cheese Apple</p>	<p>18</p> <p>Giant Vanilla Goldfish Grahams 100% Juice 6oz</p>	<p>19</p> <p>Nature Valley Chocolate Crisp Pear</p>	<p>20</p> <p>Goldfish Cheddar Orange</p>
<p>23</p> <p>French Toast Goldfish 100% Juice 6oz</p>	<p>24</p> <p>Nature Valley Cinnamon Crisp Apple</p>	<p>25</p> <p>String Cheese 100% Juice 6oz</p>	<p>26</p> <p>Goldfish Pretzels Pear</p>	<p>27</p> <p>Giant Cinnamon Goldfish Grahams Orange</p>
<p>30</p> <p>Goldfish Cheddar 100% Juice 6oz</p>	<p>31</p> <p>String Cheese Orange</p>		<p>Fruit Serving Apples (Whole/Sliced) Fruit & Apple Juice Orange Pineapple Juice Cranberry Apple Juice Pears Oranges (Whole/Sliced)</p>	<p>Fruit Serving Fruit Cocktail Cups Tropical Fruit Cocktail Cups Papaya Mango Cups Mandarins Fruit Cups</p>