



GENUINE

February Hot Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Apple Cinnamon Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	2 Whole Grain Waffles(1) Sausage Patty w/Syrup Whole Apple Skim or 1% Milk
5 French Toast (4) w/ Syrup Whole Apple Skim or 1% Milk	6 Assorted Yogurt Nature Valley Cinnamon Crisp Apple Slices & Juice Skim or 1% Milk	7 Sausage Biscuit Sandwich w/ Jelly Whole Pear Skim or 1% Milk	8 Blueberry Muffin Assorted Graham Whole Orange % Juice Skim or 1% Milk	9 Whole Grain Pancakes (1) Sausage Link w/Syrup Whole Apple Skim or 1% Milk
12 Whole Grain Waffle (2) w/ Syrup Whole Apple Skim or 1% Milk	13 Breakfast Cereal w/ BlueberryOatmeal Bars Apple Slices & Juice Skim or 1% Milk	14 Chicken Biscuit Sandwich w/ Jelly Whole Pear Skim or 1% Milk	15 Banana Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	16 French Toast (2) Sausage Link (2) w/ Syrup Whole Apple Skim or 1% Milk
19 Whole Grain Pancakes (2) w/ Syrup Whole Apple Skim or 1% Milk	20 Assorted Yogurt Nature Valley Chocolate Crisp Apple Slices & Juice Skim or 1% Milk	21 Sausage Biscuit w/ Jelly Whole Pear Skim or 1% Milk	22 Corn Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	23 Whole Grain Waffles (1) Sausage Patty w/Syrup Whole Apple Skim or 1% Milk
26 French Toast (4) w/ Syrup Whole Apple Skim or 1% Milk	27 Breakfast Cereal w/ Blueberry Oatmeal Bars Apple Slices & Juice Skim or 1% Milk	28 Turkey Ham and Cheese Bagel Sandwich w/ Jelly Whole Pear Skim or 1% Milk	29 Apple Cinnamon Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	



GENUINE

February Cold Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Apple Cinnamon Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	1 Breakfast Cereal w/ Apple Oatmeal Bars Whole Apple Skim or 1% Milk
5 Whole Grain Bagel w/ Cream Cheese Whole Apple Skim or 1% Milk	6 Assorted Yogurt Nature Valley Cinnamon Crisp Apple Slices & Juice Skim or 1% Milk	7 Breakfast Cereal w/ Strawberry Oatmeal Bars Whole Pear Skim or 1% Milk	8 Blueberry Muffin Assorted Graham Whole Orange % Juice Skim or 1% Milk	9 Breakfast Cereal w/ Chocolate Oatmeal Bars Whole Apple Skim or 1% Milk
12 Whole Grain Bagel w/ Cream Cheese Whole Apple Skim or 1% Milk	13 Breakfast Cereal w/ Blueberry Oatmeal Bars Apple Slices & Juice Skim or 1% Milk	14 Assorted Yogurt Nature Valley Chocolate Crisp Whole Pear Skim or 1% Milk	15 Banana Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	16 Breakfast Cereal w/ Apple Oatmeal Bars Whole Apple Skim or 1% Milk
19 Breakfast Cereal w/ Strawberry Oatmeal Bars Whole Apple Skim or 1% Milk	20 Assorted Yogurt Nature Valley Chocolate Crisp Apple Slices & Juice Skim or 1% Milk	21 Breakfast Cereal w/ Chocolate Oatmeal Bars Whole Pear Skim or 1% Milk	22 Corn Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	23 Whole Grain Bagel w/ Cream Cheese Whole Apple Skim or 1% Milk
26 Assorted Yogurt Breakfast Chex Mix Whole Apple Skim or 1% Milk	27 Breakfast Cereal Blueberry Oatmeal Bar Apple Slices & Juice Skim or 1% Milk	28 Assorted Yogurt Nature Valley Chocolate Crisp Whole Pear Skim or 1% Milk	29 Apple Cinnamon Muffin Breakfast Chex Mix Whole Orange % Juice Skim or 1% Milk	



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February Hot Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Popcorn Mac and Cheese Bowl Seasoned Corn Apple Slices Skim or 1% Milk	2 Peri Peri Chicken Red Rice Seasoned Black Beans Whole Pear Skim or 1% Milk
5 Chicken Parm Sandwich Savory Collard Greens Whole Orange Skim or 1% Milk	6 Teriyaki Meatballs Mashed Potatoes Dinner Roll Green Peas Whole Pear Skim or 1% Milk	7 Southwest Turkey Rice Bowl Seasoned Black Beans Whole Apple Skim or 1% Milk	8 Chicken Alfredo Seasoned Green Beans Apple Slices Skim or 1% Milk	9 Huli Huli Chicken Brown Rice Pilaf Glazed Carrot Coins Whole Pear Skim or 1% Milk
12 Chicken Tenders (3) Seasoned Carrots Dinner Roll Whole Orange Skim or 1% Milk	13 Meatball Sub Fresh Corn and Black Bean Blend Whole Pear Skim or 1% Milk	14 BBQ Chicken Sandwich Seasoned Green Beans Whole Apple Skim or 1% Milk	15 Shepherds Pie Seasoned Green Peas and Carrots Apple Slices Skim or 1% Milk	16 Pasta Primavera Savory Collard Greens Whole Pear Skim or 1% Milk
19 NOLA Chicken Sandwich Sweet Potato Fries Whole Orange Skim or 1% Milk	20 Turkey Sausage Pizza Seasoned Green Beans Whole Pear Skim or 1% Milk	21 Sweet Sour Meatballs Brown Rice Savory Collard Greens Whole Apple Skim or 1% Milk	22 Nacho Queso Dip & Chip Seasoned Black Beans & Corn Blend Apple Slices Skim or 1% Milk	23 Chopped Cheesesteak Seasoned Carrots Whole Pear Skim or 1% Milk
26 Beef Cheeseburger Potato Wedges Whole Orange Skim or 1% Milk	27 Chicken Nuggets (5) Dinner Roll Seasoned Green Beans Whole Pear Skim or 1% Milk	28 Cheeseburger Mac Seasoned Carrots Whole Apples Skim or 1% Milk	29 Jerk Chicken Brown Rice Fresh Corn and Black Bean Blend Apple Slices Skim or 1% Milk	

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February Cold Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Crispy Chicken Ranch Wrap Fresh Celery Sticks Apple Slices Skim or 1% Milk	2 Curry Chicken Sandwich Fresh Green Beans Whole Pear Skim or 1% Milk
5 Turkey Ham & Cheese Rollup Fresh Broccoli Florets Whole Orange Skim or 1% Milk	6 Chicken Salad Sandwich Fresh Carrot Sticks Whole Pear Skim or 1% Milk	7 Turkey Wrap Fresh Celery Sticks Whole Apple Skim or 1% Milk	8 Chipotle Chicken Sandwich Fresh Green Beans Apple Slices Skim or 1% Milk	9 Southern BBQ Chicken Sandwich Potato Salad Whole Pear Skim or 1% Milk
12 Chicken Salad Wrap Celery Sticks Whole Orange Skim or 1% Milk	13 Turkey Ham & Cheese Sandwich Fresh Carrot Sticks Whole Pear Skim or 1% Milk	14 Curry Chicken Sandwich Fresh Green Beans Whole Apple Skim or 1% Milk	15 Turkey & Cheese Wrap Potato Salad Apple Slices Skim or 1% Milk	16 Chicken Salad Sandwich Fresh Broccoli Florets Whole Pear Skim or 1% Milk
19 Southern BBQ Chicken Sandwich Fresh Carrot Sticks Whole Orange Skim or 1% Milk	20 Turkey Ham & Cheese Rollup Potato Salad Whole Pear Skim or 1% Milk	21 Chipotle Chicken Sandwich Fresh Celery Sticks Whole Apple Skim or 1% Milk	22 Crispy Chicken Ranch Wrap Fresh Celery Sticks Apple Slices Skim or 1% Milk	23 Curry Chicken Sandwich Fresh Green Beans Whole Pear Skim or 1% Milk
26 Turkey & Cheese Sandwich Fresh Broccoli Florets Whole Orange Skim or 1% Milk	27 Chicken Salad Wrap Fresh Carrot Sticks Whole Pear Skim or 1% Milk	28 Turkey Ham & Cheese Sandwich Potato Salad Whole Apple Skim or 1% Milk	29 Curry Chicken Sandwich Celery Sticks Apple Slices Skim or 1% Milk	



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February Vegetarian Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Popcorn Mac and Cheese Bowl Seasoned Corn Apple Slices Skim or 1% Milk	2 Peri Peri Chick'n Red Rice Seasoned Black Beans Whole Pear Skim or 1% Milk
5 Chick'n Parm Sandwich Savory Collard Greens Whole Orange Skim or 1% Milk	6 Teriyaki Meatballs Mashed Potatoes Dinner Roll Green Peas Whole Pear Skim or 1% Milk	7 Southwest Chick'n Rice Bowl Seasoned Black Beans Whole Apple Skim or 1% Milk	8 Chick'n Alfredo Seasoned Green Beans Apple Slices Skim or 1% Milk	9 Huli Huli Chick'n Brown Rice Pilaf Glazed Carrot Coins Whole Pear Skim or 1% Milk
12 Chick'n Tenders (3) Seasoned Carrots Dinner Roll Whole Orange Skim or 1% Milk	13 Veggie Meatball Sub Fresh Corn and Black Bean Blend Whole Pear Skim or 1% Milk	14 BBQ Chick'n Sandwich Seasoned Green Beans Whole Apple Skim or 1% Milk	15 Shepherds Pie Seasoned Green Peas and Carrots Apple Slices Skim or 1% Milk	16 Pasta Primavera Savory Collard Greens Whole Pear Skim or 1% Milk
19 NOLA Chick'n Sandwich Sweet Potato Fries Whole Orange Skim or 1% Milk	20 Cheese Pizza Seasoned Green Beans Whole Pear Skim or 1% Milk	21 Sweet Sour Meatballs Brown Rice Savory Collard Greens Whole Apple Skim or 1% Milk	22 Nacho Queso Dip & Chip Seasoned Black Beans & Corn Blend Apple Slices Skim or 1% Milk	23 Chopped Cheesesteak Seasoned Carrots Whole Pear Skim or 1% Milk
26 Black Bean Burger Potato Wedges Whole Orange Skim or 1% Milk	27 Chick'n Nuggets (5) Dinner Roll Seasoned Green Beans Whole Pear Skim or 1% Milk	28 Cheeseburger Mac Seasoned Carrots Whole Apples Skim or 1% Milk	29 Jerk Chick'n Brown Rice Fresh Corn and Black Bean Blend Apple Slices Skim or 1% Milk	



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February Supper Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Cheeseburger Baked Beans Whole Orange Skim or 1% Milk	2 Chicken Broccoli Bake Zesty Carrots Whole Apples Skim or 1% Milk
5 BBQ Chicken Sandwich Seasoned Black Beans Assorted Craisins Skim or 1% Milk	6 Sheppard Pie Sweet Peas and Carrots Whole Oranges Skim or 1% Milk	7 NOLA Sandwich Sweet Potato Fries Apple Slices Skim or 1% Milk	8 Chicken Alfredo Savory Broccoli Whole Orange Skim or 1% Milk	9 Cajun Pasta Bake Seasoned Green Bean Whole Apples Skim or 1% Milk
12 Chopped Cheesesteak Seasoned Carrots Assorted Craisins Skim or 1% Milk	13 Chicken and Turkey Jambalaya Red Beans Whole Oranges Skim or 1% Milk	14 Popcorn Mac and Cheese Bowl Seasoned Green Bean Apple Slices Skim or 1% Milk	15 Chicken Tenders (3) Mashed Potatoes Collard Greens Whole Orange Skim or 1% Milk	16 Chicken Fajita Bowl Sweet Plantains Whole Apples Skim or 1% Milk
19 Turkey Pizza Seasoned Green Bean Assorted Craisins Skim or 1% Milk	20 BBQ Chicken Mac and Cheese Roasted Corn Whole Oranges Skim or 1% Milk	21 Sweet Sour Meatballs Brown Rice Zesty Carrots Apple Slices Skim or 1% Milk	22 Sloppy Joe Sandwich Roasted Potatoes Whole Orange Skim or 1% Milk	23 Chicken Parm Sandwich Savory Broccoli Whole Apples Skim or 1% Milk
26 Chicken and Waffles Sweet Potato Fries Assorted Craisins Skim or 1% Milk	27 Greek Chicken Rice Pilaf Broccoli Whole Oranges Skim or 1% Milk	28 Roasted Chicken Mexican Rice Seasoned Black Beans Apple Slices Skim or 1% Milk	29 Southwest Chicken Spanish Rice Seasoned Green Beans Whole Orange Skim or 1% Milk	



February Allergen Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Roasted Chicken Mac and Cheese Bowl Seasoned Corn Apple Slices Skim or 1% Milk	2 Peri Peri Chicken Red Rice Seasoned Black Beans Whole Pear Skim or 1% Milk
5 Chicken Parm Sandwich Savory Collard Greens Whole Orange Skim or 1% Milk	6 Teriyaki Beef Mashed Potatoes Green Peas Whole Pear Skim or 1% Milk	7 Southwest Chicken Rice Bowl Seasoned Black Beans Whole Apple Skim or 1% Milk	8 Chicken Alfredo Seasoned Green Beans Apple Slices Skim or 1% Milk	9 Roasted Chicken Brown Rice Pilaf Glazed Carrot Coins Whole Pear Skim or 1% Milk
12 Southern BBQ Chicken Brown Rice Seasoned Carrots Whole Orange Skim or 1% Milk	13 Chicken Parm Sandwich Steamed Corn Whole Pear Skim or 1% Milk	14 BBQ Chicken Sandwich Seasoned Green Beans Whole Apple Skim or 1% Milk	15 Shepherds Pie Seasoned Green Peas and Carrots Apple Slices Skim or 1% Milk	16 Pasta Primavera Savory Collard Greens Whole Pear Skim or 1% Milk
19 NOLA Chicken Sandwich Sweet Potato Fries Whole Orange Skim or 1% Milk	20 Chicken Broccoli Bake Seasoned Green Beans Whole Pear Skim or 1% Milk	21 Sweet Sour Beef Strips Brown Rice Savory Collard Greens Whole Apple Skim or 1% Milk	22 Nacho Queso Dip & Chip Seasoned Black Beans & Corn Blend Apple Slices Skim or 1% Milk	23 Chopped Cheesesteak Seasoned Carrots Whole Pear Skim or 1% Milk
26 Roasted Turkey Brown Rice Seasoned Carrots Whole Orange Skim or 1% Milk	27 Chicken Alfredo Seasoned Green Beans Whole Pear Skim or 1% Milk	28 Teriyaki Chicken Brown Rice Roasted Corn Whole Apples Skim or 1% Milk	29 Jerk Chicken Brown Rice Seasoned Corn Apple Slices Skim or 1% Milk	



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February Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Giant Vanilla Goldfish Grahams Apple Slices	2 Nature Valley Chocolate Crisp 100% Juice 6oz
5 French Toast Goldfish Pears	6 Nature Valley Cinnamon Crisp Whole Apples	7 Oatmeal Bars 100% Juice 6oz	8 Goldfish Cheddar Apple Slices	9 Giant Cinnamon Goldfish Grahams 100% Juice 6oz
12 Goldfish Pretzel Pears	13 Oatmeal Bars Whole Apples	14 Giant Vanilla Goldfish Grahams 100% Juice 6oz	15 Nature Valley Chocolate Crisp Apple Slices	16 Goldfish Cheddar 100% Juice 6oz
19 French Toast Goldfish Pears	20 Nature Valley Cinnamon Crisp Whole Apples	21 Oatmeal Bars 100% Juice 6oz	22 Goldfish Pretzels Apple Slices	23 Giant Cinnamon Goldfish Grahams 100% Juice 6oz
26 Goldfish Cheddar Pears	27 Oatmeal Bars Whole Apples	28 Giant Vanilla Goldfish Grahams 100% Juice 6oz	29 Nature Valley Chocolate Crisp Apple Slices	