



GENUINE

June

Harmony Public Charter School

Breakfast Grades PreK-12

Breakfast Entree 2

Whole Grain Waffles
Assorted Cereal and
Grahams

Fruit

Assorted Fruit 🍏

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Misc.

Breakfast Syrup 🍷

Breakfast Entree 3

Apple strudel
Low Fat Strawberry
Banana Yogurt

Fruit

Assorted Fruit 🍏

Grains

Bug Bites

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 4

Mini Cinnis
Whole Grain Bagel
with Cream Cheese

Fruit

Assorted Fruit 🍏

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 5

Whole Grain French
Toast Sticks
Assorted Cereal and
Grahams

Fruit

Assorted Fruit 🍏

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Misc.

Breakfast Syrup 🍷

Breakfast Entree 6

Turkey Sausage &
Egg Biscuit
Sandwich
Low Fat Strawberry
Banana Yogurt

Fruit

Assorted Fruit 🍏

Grains

Assorted Muffins

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 9

Whole Grain Cereal
Fruit

Assorted Fruit 🍏

Grains

Apple Oatmeal Bar

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 10

Maple Turkey
Sausage Pancake
Wrap
Yogurt & Granola
Parfait

Fruit

Assorted Fruit 🍏

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 11

Turkey Ham &
Cheese Breakfast
Sandwich
Mozzarella String
Cheese

Fruit

Assorted Fruit 🍏

Grains

Assorted Muffins

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 12

Whole Grain French
Toast Sticks
Low Fat Strawberry
Banana Yogurt

Fruit

Assorted Fruit 🍏

Grains

Strawberry Nutrigrain
Bar

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 13















Turkey Ham &
Cheese on a Bagel
Whole Grain Bagel
with Cream Cheese

Fruit

Assorted Fruit 🍏

Milk

Fat Free (Skim) Milk
Low Fat (1%) Milk

Breakfast Entree 16 Whole Grain Cereal Fruit Assorted Fruit  Grains Soft Oatmeal Blueberry Bar Milk Fat Free (Skim) Milk Low Fat (1%) Milk	Breakfast Entree 17 Whole Grain Pancakes Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit  Grains Bug Bites Milk Fat Free (Skim) Milk Low Fat (1%) Milk Misc. Breakfast Syrup 	Breakfast Entree 18 Egg & Cheese on English Muffin Whole Grain Bagel with Cream Cheese Fruit Assorted Fruit  Milk Fat Free (Skim) Milk Low Fat (1%) Milk	Breakfast Entree 19 Chocolate Chip Banana Bread Fruit Assorted Fruit  Milk Fat Free (Skim) Milk Low Fat (1%) Milk	Breakfast Entree 20 Egg & Cheese on Biscuit Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit  Grains Assorted Muffins Milk Fat Free (Skim) Milk Low Fat (1%) Milk
Breakfast Entree 23 Whole Grain Waffles Assorted Cereal and Grahams Fruit Assorted Fruit  Milk Fat Free (Skim) Milk Low Fat (1%) Milk Misc. Breakfast Syrup 	Breakfast Entree 24 Apple strudel Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit  Grains Bug Bites Milk Fat Free (Skim) Milk Low Fat (1%) Milk	Breakfast Entree 25 Mini Cinnis Whole Grain Bagel with Cream Cheese Fruit Assorted Fruit  Milk Fat Free (Skim) Milk Low Fat (1%) Milk	Breakfast Entree 26 Whole Grain French Toast Sticks Assorted Cereal and Grahams Fruit Assorted Fruit  Milk Fat Free (Skim) Milk Low Fat (1%) Milk Misc. Breakfast Syrup 	Breakfast Entree 27 Turkey Sausage & Egg Biscuit Sandwich Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit  Grains Assorted Muffins Milk Fat Free (Skim) Milk Low Fat (1%) Milk
Breakfast Entree 30 Whole Grain Cereal Fruit Assorted Fruit  Grains Apple Oatmeal Bar Milk Fat Free (Skim) Milk Low Fat (1%) Milk				

Vegan: 

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