August

Harmony Public Charter School

PreK- 12 Breakfast Menu

Low Fat (1%) Milk

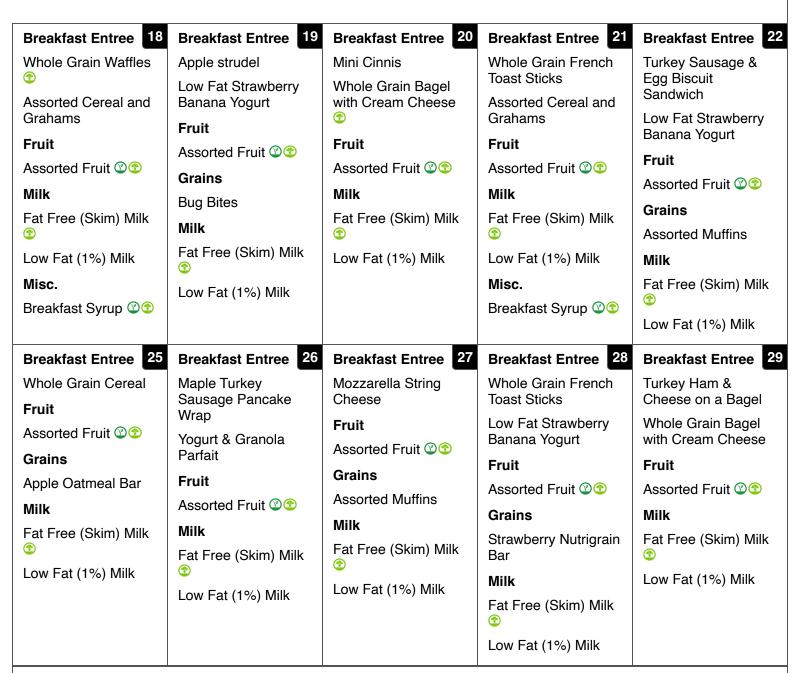
PreK- 12 Breakfast Menu				
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Breakfast Entree 4	Breakfast Entree 5	Breakfast Entree 6	Breakfast Entree 7	Breakfast Entree 8
Whole Grain Cereal	Maple Turkey Sausage Pancake	Mozzarella String Cheese	Whole Grain French Toast Sticks	Turkey Ham & Cheese on a Bagel
Fruit Assorted Fruit ②③	Wrap Yogurt & Granola	Fruit	Low Fat Strawberry Banana Yogurt	Whole Grain Bagel with Cream Cheese
Grains	Parfait	Assorted Fruit © ③	Fruit	Fruit
Apple Oatmeal Bar	Fruit	Grains Assorted Muffins	Assorted Fruit ♥�	Assorted Fruit 🅸 🏵
Milk	Assorted Fruit 🏵 🏵	Milk	Grains	Milk
Fat Free (Skim) Milk	Milk Fat Free (Skim) Milk	Fat Free (Skim) Milk	Strawberry Nutrigrain Bar	Fat Free (Skim) Milk
Low Fat (1%) Milk	Part (40/) Mills	Low Fat (1%) Milk	Milk	Low Fat (1%) Milk
	Low Fat (1%) Milk		Fat Free (Skim) Milk	
			Low Fat (1%) Milk	
Breakfast Entree 11	Breakfast Entree 12	Breakfast Entree 13	Breakfast Entree 14	Breakfast Entree 15
Whole Grain Cereal Fruit	Whole Grain Pancakes	Turkey Ham & Cheese on a	Chocolate Chip Banana Bread 🕸	Egg & Cheese on Biscuit
Assorted Fruit ©®	Low Fat Strawberry Banana Yogurt	Croissant Whole Grain Bagel	Fruit	Low Fat Strawberry Banana Yogurt
Grains	Fruit	with Cream Cheese	Assorted Fruit © ®	Fruit
Soft Oatmeal Blueberry Bar ூ	Assorted Fruit 🏖 🕏	Fruit	Fat Free (Skim) Milk	Assorted Fruit 🎱 🌚
Milk	Grains	Assorted Fruit 🎱 🌚	•	Grains
Fat Free (Skim) Milk	Bug Bites	Milk	Low Fat (1%) Milk	Assorted Muffins
②	Milk	Fat Free (Skim) Milk		Milk
Low Fat (1%) Milk	Fat Free (Skim) Milk	◎		Fat Free (Skim) Milk

Low Fat (1%) Milk

Low Fat (1%) Milk

Breakfast Syrup ♥♥

Misc.



Gluten Free:

Vegan:

Vegetarian:

This institution is an equal opportunity provider. Menu subject to change.