

# November

## Harmony Public Charter School

### Menú de aperitivos

|                                                                                                                    |                                                                                            |                                                                                                             |                                                                                                          |                                                                                                                |           |
|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-----------|
| <b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿 | <b>3</b><br><b>Fruit</b><br>Rodajas de manzana 🌱🌿<br><b>Grain</b><br>Mezcla Chex, surtida  | <b>4</b><br><b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Pera fresca  | <b>5</b><br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿<br><b>Grain</b><br>SunChips de grano entero  | <b>6</b><br><b>Fruit</b><br>Surtido de jugos 100%, 6 oz 🌾🌱🌿<br><b>Several.</b><br>Mozzarella cheese in strips  | <b>7</b>  |
| <b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿 | <b>10</b><br><b>Fruit</b><br>Rodajas de manzana 🌱🌿<br><b>Grain</b><br>Mezcla Chex, surtida | <b>11</b><br><b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Pera fresca | <b>12</b><br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿<br><b>Grain</b><br>SunChips de grano entero | <b>13</b><br><b>Fruit</b><br>Surtido de jugos 100%, 6 oz 🌾🌱🌿<br><b>Several.</b><br>Mozzarella cheese in strips | <b>14</b> |
| <b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿 | <b>17</b><br><b>Fruit</b><br>Rodajas de manzana 🌱🌿<br><b>Grain</b><br>Mezcla Chex, surtida | <b>18</b><br><b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Pera fresca | <b>19</b><br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿<br><b>Grain</b><br>SunChips de grano entero | <b>20</b><br><b>Fruit</b><br>Surtido de jugos 100%, 6 oz 🌾🌱🌿<br><b>Several.</b><br>Mozzarella cheese in strips | <b>21</b> |
| <b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿 | <b>24</b><br><b>Fruit</b><br>Rodajas de manzana 🌱🌿<br><b>Grain</b><br>Mezcla Chex, surtida | <b>25</b><br><b>Breakfast main course</b><br>Galletas Graham de grano entero<br><b>Fruit</b><br>Pera fresca | <b>26</b><br><b>Fruit</b><br>Jugo de fruta 100%, surtido 🌾🌱🌿<br><b>Grain</b><br>SunChips de grano entero | <b>27</b><br><b>Fruit</b><br>Manzana fresca<br><b>Several.</b><br>Mozzarella cheese in strips                  | <b>28</b> |

Gluten-Free: 🌾 Kosher: 🕎 Vegan: 🌱 Vegetarian: 🌿

This institution offers equal opportunities. The menu is subject to change.

