

October

Harmony Public Charter School

Appetizer menu

		Breakfast Entree 1 Whole Grain Graham Fruit Fresh Pear	Fruit 2 100% Fruit Juice, Assorted    Grain Whole Grain SunChips	Fruit 3 Fresh Apple Several. Mozzarella String Cheese
Breakfast Entree 6 Whole Grain Graham Fruit 100% Fruit Juice, Assorted   	Fruit 7 Fresh Apple Grain Whole Grain Cheddar Goldfish	Breakfast Entree 8 Whole Grain Graham Fruit Fresh Pear	Fruit 9 100% Fruit Juice, Assorted    Grain Whole Grain SunChips	Fruit 10 Fresh Apple Several. Mozzarella String Cheese
Breakfast Entree 13 Whole Grain Graham Fruit 100% Fruit Juice, Assorted   	Fruit 14 Fresh Apple Grain Whole Grain Cheddar Goldfish	Breakfast Entree 15 Whole Grain Graham Fruit Fresh Pear	Fruit 16 100% Fruit Juice, Assorted    Grain Whole Grain SunChips	Fruit 17 Fresh Apple Several. Mozzarella String Cheese
Breakfast Entree 20 Whole Grain Graham Fruit 100% Fruit Juice, Assorted   	Fruit 21 Fresh Apple Grain Whole Grain Cheddar Goldfish	Breakfast Entree 22 Whole Grain Graham Fruit Fresh Pear	Fruit 23 100% Fruit Juice, Assorted    Grain Whole Grain SunChips	Fruit 24 Fresh Apple Several. Mozzarella String Cheese
Breakfast Entree 27 Whole Grain Graham Fruit 100% Fruit Juice, Assorted   	Fruit 28 Apples Slices   Grain Whole Grain Cheddar Goldfish	Breakfast Entree 29 Whole Grain Graham Fruit Fresh Pear	Fruit 30 100% Fruit Juice, Assorted    Grain Whole Grain SunChips	Fruit 31 Assorted 100% Juice, 6 oz    Several. Mozzarella String Cheese

Gluten Free:  Kosher:  Organic:  Peanut Free:  Vegan:  Vegetarian:  Rich in Whole Grains: 

This institution offers equal opportunities. The menu is subject to change.

