


































January

Harmony Public Charter School

Snack Menu

			Fruit 100% Fruit Juice 	1 Fruit 100% Fruit Juice 
			Grains Whole Grain SunChips 	2 Misc. Part-Skim Mozzarella String Cheese
Breakfast Entree 5 Whole Grain Graham  Fruit 100% Fruit Juice, Assorted   	6 Fruit Fresh Apple Grains Whole Grain Cheddar Goldfish	7 Breakfast Entree Whole Grain Graham  Fruit Fresh Pear	8 Fruit 100% Fruit Juice, Assorted    Grains Whole Grain SunChips 	9 Fruit Fresh Apple Misc. Mozzarella String Cheese
Breakfast Entree 12 Whole Grain Graham  Fruit 100% Fruit Juice 	13 Fruit Fresh Apple Grains Whole Grain Cheddar Goldfish	14 Breakfast Entree Whole Grain Graham  Fruit Fresh Pear	15 Fruit 100% Fruit Juice 	16 Fruit 100% Fruit Juice 
			Grains Whole Grain SunChips 	Misc. Part-Skim Mozzarella String Cheese
Breakfast Entree 19 Whole Grain Graham  Fruit 100% Fruit Juice, Assorted   	20 Fruit Fresh Apple Grains Whole Grain Cheddar Goldfish	21 Breakfast Entree Whole Grain Graham  Fruit Fresh Pear	22 Fruit 100% Fruit Juice, Assorted    Grains Whole Grain SunChips 	23 Fruit Fresh Apple Misc. Mozzarella String Cheese
Breakfast Entree 26 Whole Grain Graham  Fruit 100% Fruit Juice 	27 Fruit Fresh Apple Grains Whole Grain Cheddar Goldfish	28 Breakfast Entree Whole Grain Graham  Fruit Fresh Pear	29 Fruit 100% Fruit Juice 	30 Fruit 100% Fruit Juice 
			Grains Whole Grain SunChips 	Misc. Part-Skim Mozzarella String Cheese

Gluten Free:  GMO Free:  Kosher:  Organic:  Vegan:  Vegetarian: 

This institution is an equal opportunity provider. Menu subject to change.

